BE A PART OF CHANGE

TOURISM WITH A PURPOSE

We are inviting small groups to join the Carrizo Project, Inc. in our holistic approach to poverty alleviation in Honduras and participate in a unique model of “Charity”.

Honduras is the second poorest country in the Western Hemisphere. Many live on $1/day, others feel they need to leave their homeland to provide for their families.

We believe that poverty is not merely an economical state; it becomes a way of life. We found that empowerment is the key to Hondurans seeking opportunities for success. The Carrizo Project does not give charity; we provide resources to change these dynamics.

YOU can EMPOWER RURAL WOMEN by simply attending classes taught by the Honduran women in their villages. Learn to make tamales, how to harvest and prepare coffee and how to make hammocks and more.

You will empower women to plan for the future, view themselves as intelligent, knowledgeable citizens and most importantly to have hope to seek their happiness.

Great Participants have the following:

- A desire to understand Honduran culture.
- An acceptance of differences. We are not looking to change the way things are done but we hope to enhance the effectiveness of what is already being done.
- An open heart and an open mind to see how you can make the world a better place one person at a time.

BE A PART OF SUCCESS, JUST BY BEING PRESENT!
NOT A TYPICAL MISSION TRIP

Our work in Honduras is run entirely by Hondurans for Hondurans. We merely provide resources and advise where needed. We are committed to our project for the long run. We are offering you an opportunity to be a part of this successful model by participating in rural life as students.

We aren’t going to build anything we are not going to hand out gifts. Our support and resource will be our presence, our open hearts and our desire to understand their needs.

WHY THIS EXCHANGE IS SO IMPORTANT:

All too often many people in developing nations believe they are incapable of being leaders; many feel that they are powerless to make a difference in their own world. YOU CAN CHANGE THAT BELIEF!

You will be American students actively learning from Hondurans. As you learn how to live the Honduran life you will be reinforcing the value of each person’s life.

Simply by showing interest, trying your hand at the task, smiling and laughing with your new Honduran friends you will be saying “You are of value in this world”!

Your time and enthusiasm will truly change people’s lives.

WHAT TO EXPECT

Housing: The cost of the trip includes housing in a residence. Electricity and internet can be inconsistent. Air conditioning and hot water are unlikely luxuries. But you will make some real Honduran friends.

Food: The main diet consists of beans, eggs (in various forms), rice, tortillas, fruits, vegetables and coffee. All food preparation is supervised and approved by our staff. There is always something special to try, but do tell us of any allergies or dislikes you may have.

Weather: Honduras is a tropical country; the temperature is typically over 90, sunny and/or rainy daily.

Note: Clothing suggestions & packing list will be provided.

Culture: Honduras is a developing nation, you will see poverty that can be surprising, but we will help you see the people for who they are rather than what they don’t have. It will make your experience a great one.

BE PREPARED

- View our website: www.carrizoproject.org
- Review the packing list
- Verify the CDC vaccination recommendations
- Prepare your own list of questions
We have yet to find a program such as ours where you are tourists with a mission. We created this program to reinforce our belief that everyone in the world has something to offer. We hope you will enjoy the classes we have to offer, please note the actual classes are subject to change.

Class #1: Coffee

- Pick coffee (in season) the correct way.
- Learn about the care and maintenance of coffee plants.
- Understand the hulling, drying and shafting process.
- Try your hand at sorting beans.
- Keep a fire burning to roast the beans.
- Grind coffee the “modern” way.
- Take home your own coffee that you processed.

Class #2: Tamales

- Try your hand at the delicate balance needed in making the dough.
- See the secret ingredients which make them delicious.
- Learn to wrap tamales in banana leaves.
- Savor the tamales with a cup of coffee.

Class #3: Hammocks

- See the different hammock materials.
- Actually weave an entire hammock as a group.
- Learn to weave baskets if you please.
- Understand the process of our micro-loans and the marketing of products in Honduras.

Class #4: Chicken Soup

- Learn to prepare vegetables with minimal kitchen tools.
- Participate in every stage of soup making.
- Enjoy sitting and having soup with your new Honduran friends.
OTHER THINGS TO DO ON YOUR VISIT

Shop in downtown Santa Barbara.
Enjoy coffee while relaxing with friends.
Hike to vistas for photo opportunities.
Walk through coffee fields, loofa trees and allspice groves.
Tour the local Hospital.
AND SO MUCH MORE (each trip will have special features).

LANGUAGE BARRIERS

If you have studied even 1 year of Spanish and have the courage to try to speak you will find the Hondurans open to helping you learn more.

SAFETY

Honduras is a developing nation and as such one's safety depends on knowledge of the culture and available resources such as in-country staff and secured logistics.

RELIABLE TRANSPORTATION:
The Carrizo Project provides reliable transportation to and from all locations.

PRESENTATION OF ONESELF:
Our detailed clothing list includes modest, simple clothing; we also suggest bringing minimal electronics items, jewelry or expensive equipment. We ask that you be very discreet with money, since many simply don't have much. All visitors will be accompanied by a Carrizo Project staff member at all times.

PREPARATION AND EDUCATION:
We welcome any questions regarding safety and correct cultural etiquette so each visitor can focus on the wonders of Honduran life. Our goal is for each visitor to return home with a true understanding and respect for the Honduran people.

LEARN MORE ABOUT THE CARRIZO PROJECT

Please visit our website:
www.carriziproject.org

Facebook page:
https://www.facebook.com/pages/The-Carrizo-Project/144027288947521

Contact us:
info@carrizoproject.org